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**Conny KM Palar**  
Faculty of Animal Husbandry,  
Sam Ratulangi University,  
Manado, Indonesia

**Nova N Lontaan**  
Faculty of Animal Husbandry,  
Sam Ratulangi University,  
Manado, Indonesia

**Geertruida J Assa**  
Faculty of Animal Husbandry,  
Sam Ratulangi University,  
Manado, Indonesia

**Corresponding Author:**  
**Conny KM Palar**  
Faculty of Animal Husbandry,  
Sam Ratulangi University,  
Manado, Indonesia

## Effect of addition of moringa leaf flour on physical chemical properties and organoleptic quality chicken meatballs

Conny KM Palar, Nova N Lontaan and Geertruida J Assa

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### Abstract

One alternative for diversifying livestock products is making meatballs. Meatballs are a processed product that is very popular with various elements of society. In general, meatballs are made from beef, chicken, and other meat. The process of making meatballs starts from grinding and adding other spices to add flavor. To increase the nutritional content and improve the quality and characteristics of meatballs, it is necessary to look for additional ingredients that have good nutritional content, including Moringa leaves. Moringa leaf flour has a high protein, carbohydrate, and calcium content, contains vitamins A, B, and C, and also contains antioxidants. This research aimed to determine the effect of adding Moringa leaf flour on physical, and chemical properties and organoleptic quality. The treatments used in this research were as follows: P<sub>0</sub> = 0% Moringa leaf flour and 250 gr meat, P<sub>1</sub> = 1.5% Moringa leaf flour and 250 gr meat, P<sub>2</sub> = 3% Moringa leaf flour and 250 gr meat, P<sub>3</sub> = 4, 5% Moringa leaf flour and 250 gr meat, P<sub>4</sub> = 6% Moringa leaf flour and 250 gr meat. This research used a Completely Randomized Design (CRD) consisting of 5 treatments and 4 replications. The data were analyzed using ANOVA, and then a further BNJ test was carried out. The research variables are pH value, DMA, cooking loss, protein, fat content, and crude fiber. The results showed that the addition of Moringa leaf flour had a very significant effect ( $p < 0.01$ ) on pH, cooking loss, fat, crude fiber, and protein, while for water binding capacity (DMA), it was not significantly different ( $p > 0.05$ ). Based on the results of research and data analysis, it can be concluded that the addition of Moringa leaf flour up to 3% (P<sub>3</sub>) can increase protein and crude fiber, can also reduce fat content, and produce better organoleptic quality.

**Keywords:** Moringa leaf flour, physical, chemical properties, organoleptic quality

### Introduction

One of the livestock products is meat. Chicken meat is meat that is widely sold on the market at affordable prices. According to Suradi (2006) [25], chicken meat has a delicious taste and odor, a soft texture, and a relatively cheap price. The characteristics of good meat are bright white-yellowish meat, with a water content of 74%, protein of 22%, calcium, phosphorus, iron, fat, and vitamins A, C, and E. (Trownutrition, 2011) [29]. One of the finished products from meat processing is meatballs. Chicken meat is a food sourced from livestock that is easily damaged so it has a limited shelf life if it is not processed. Meatballs are one of the ways to extend the shelf life of meat.

Meatballs are a processed livestock product made from a mixture of meat and spices which are processed using the restructuring method. Meatballs are a typical Indonesian food that are usually served hot and have high nutritional value because they are rich in animal protein, which the human body needs, especially for growth (Ahmadi, Akhadiyah and Wahyudi, 2007) [2]. Meatballs are made using various mixtures of ingredients and spices, such as tapioca flour, shallots, garlic, pepper, ice cubes, sugar, and salt, with the main ingredient being chicken meat. There have been many developments in meatballs over time, from original meatballs to some modified with the addition of vegetables.

Chicken meatballs are added with certain ingredients that contain a chemical composition that is expected to provide balanced nutrition. Another alternative is making meatballs by adding Moringa leaves.

Apart from carrots, sago flour, jackfruit seed flour, and seaweed which are added in making meatballs, there is another alternative that can be added in making meatballs, namely Moringa leaves. Moringa leaves contain lots of protein, vitamins, and minerals. Moringa leaves are compound leaves with long stems, bearing irregularly, and are oval (Ulfa, 2016) [32]. Moringa leaves are usually used for clear vegetables, tea, powder, and others.

Moringa leaves have a lot of nutritional content, and the high iron content in Moringa leaves can also overcome iron deficiency in anemia (Krisnadi, 2013) [7]. Moringa leaves have the Latin name *Moringa oleifera* and are a legume plant that is often used by breeders as animal feed. Moringa can also be used as a food ingredient because it has high nutritional value, one of which is processing it into Moringa leaf flour as a mixture of various preparations. Moringa leaf flour can be used as an additional ingredient in meatballs to increase the nutritional value, fiber content, and taste. Moringa leaf flour contains 11.97% fiber, 14.79% inorganic material, 4.39% crude fat, 24.3% crude protein, and antioxidants (Krisnadi, 2013) [7].

Based on the background above, research has been carried out to determine the effect of adding moringa leaf flour (*Moringa oleifera*) on the physical and chemical properties and organoleptic quality of chicken meatballs.

## Research and Methods

### Time and Place of Research

This research was carried out in April 2023 at the Animal Products Technology Laboratory, Faculty of Animal Husbandry, Sam Ratulangi University, Manado.

### Research Tools and Materials

The ingredients used in this research were broiler chicken meat, tapioca flour, garlic, fried shallots, ice cubes, pepper, egg white, salt, and Moringa leaf flour, STTP.

The tools used in the research were sieves, basins, blenders, food processing machines, paper, gas stoves, labels, pans, plates, pens, filters, spoons, cutting boards, analytical scales, knives, aluminum foil and choppers, notebooks, scissors.

### Research Methods

The research conducted using Completely Randomized Design (CRD) consisted of 5 treatments and 4 replications.

### The research design used was as follows

P<sub>0</sub>: Broiler Meatball Dough (250 gr)

P<sub>1</sub>: 250 gr Meatball Dough + 1.5% Moringa Leaf Flour

P<sub>2</sub>: 250 gr Meatball Dough + 3% Moringa Leaf Flour

P<sub>3</sub>: 250 gr Meatball Dough + 4.5% Moringa Leaf Flour

P<sub>4</sub>: 250 gr Meatball Dough + 6% Moringa Leaf Flour

### Research Procedure

The process of making Moringa leaf flour (Kurniawati *et al.*, 2018) [38] is as follows: First, take young green Moringa leaves, then pick them and separate them from the stem. After that, the selected Moringa leaves are washed with clean, running water. Drying using sunlight for ± 1-2 days. Then the dried Moringa leaves are blended until they form flour. Finally, the Moringa leaf flour is sifted using an 80-mesh sieve.

**Research Variable:** Variables to be observed in the research were water binding capacity, pH, fat content, crude

fiber content, protein content, cooking loss, and organoleptic. Organoleptic tests use hedonic tests including color, odor, taste, and elasticity. All data of the variables were analyzed according to an analysis of variance (ANOVA) procedure from a Completely Randomized Design and to find out which treatments were statistically significantly different, testing was carried out using the Duncan Test. If the treatment has a real effect, then continue with the test (BNJ).

## Results and Discussions

Average data on the physical and chemical properties of chicken meatballs with the addition of *Moringa oleifera* leaf flour can be seen in Table 1.

**Table 1:** Average values for physical and chemical properties of chicken meatballs with the addition of moringa leaf flour (*Moringa oleifera*).

Variable	Addition of Moringa Flour				
	P <sub>0</sub>	P <sub>1</sub>	P <sub>2</sub>	P <sub>3</sub>	P <sub>4</sub>
	0%	1.5%	3%	4.5%	6%
Water binding power	20.65	20.65	19.75	19.45	20.70
pH	6,088 <sup>a</sup>	5,743 <sup>c</sup>	5,725 <sup>c</sup>	5,835 <sup>c</sup>	5,590 <sup>b</sup>
Fat	7.028 <sup>a</sup>	5.405 <sup>c</sup>	5.495 <sup>c</sup>	5.648 <sup>bc</sup>	6.133 <sup>b</sup>
Crude fiber	4.829 <sup>ab</sup>	5.514 <sup>a</sup>	4.943 <sup>ab</sup>	4.543 <sup>b</sup>	4.714 <sup>ab</sup>
Proteins	7.810 <sup>c</sup>	8.588 <sup>d</sup>	9.045 <sup>c</sup>	9.86 <sup>b</sup>	13.358 <sup>a</sup>
Reduced cooking	0.045 <sup>c</sup>	0.125 <sup>c</sup>	0.136 <sup>bc</sup>	0.146 <sup>b</sup>	0.167 <sup>a</sup>

Note: superscripts on the same line show very significant differences ( $p < 0.01$ ).

### Water binding power

The water-binding capacity of protein is the ability of the meat to bind water or be added during the influence of external factors like cutting meat, heating, grinding, and pressure (Soeparno, 2005) [22]. Water binding capacity is important for the quality of meat and its products including meatballs (Natasasmita *et al.*, 1987) [15]. The greater the binding capacity, the higher the percentage of water bounded in its product.

The results of measuring the water binding power of meatballs with the addition of Moringa leaf flour as listed in Table 1, shows that the average value of the water binding power in this study ranged from 19.45% to 20.70% with the lowest average percentage of added Moringa leaf flour being 4.5% (19.45%) and the highest average percentage of Moringa leaf flour addition was 6% (20.70%).

Based on the results from the diversity analysis in Table 1, show that the treatments had an insignificantly different effect ( $p > 0.05$ ) on water water-holding capacity of the meatballs. However, there was a tendency for the greatest holding capacity to be found in treatment P<sub>4</sub>, while the smallest holding capacity was to be found in treatment P<sub>3</sub>.

Further analysis using the BNJ test showed that treatment P<sub>0</sub> (without the addition of moringa leaf flour) was significantly different from treatments P<sub>1</sub>, P<sub>2</sub>, P<sub>3</sub>, and P<sub>4</sub> but not significantly different between treatments. This research shows that the higher the percentage of Moringa leaf flour added, the higher the ability of the meatballs to bind water. Starchy flour can increase water binding capacity because it can retain water during processing and heating (Ockerman, 1983) [39]. If starch is heated, the starch granules will vibrate rapidly until finally the bonds between the molecules are broken and the hydrogen side will be able to bind water in greater quantities (Whistler and Daniel, 1985) [40].

## pH

The pH value is a very important indicator of the quality of the meat by considering the quality of technology and its influence on the quality of fresh meat. Observing pH is important because changes in pH affect the quality of the meatballs produced (Sudrajat 2007) [41].

The results of measuring the pH of meatballs with the addition of Moringa leaf flour as listed in Table 1, shows that the average pH value of meatballs with different percentages of Moringa leaf flour ranges from 5.725 to 6.088 with the highest average value for meatballs without the addition of Moringa leaf flour, namely 6.088 and the lowest found in the percentage of 3% Moringa leaf flour (P<sub>2</sub>), namely 5.72. The low pH value can be caused by the meatball-making process. Because during the process of making meatballs, there will be a new change in the hydrogen balance in the dough. However, according to Bourne (2002) [42], the pH of meatballs ranges from 5.5 to 7.2, this means that the pH value in this study still meets the pH limits based on the Indonesian National Standardization.

The results of diversity analysis showed that the treatments had very significantly different effects ( $p < 0.01$ ) on pH. The BNJ test showed that treatment P<sub>4</sub> produced a pH that was very significantly ( $p < 0.01$ ) lower than treatments P<sub>0</sub>, P<sub>1</sub>, P<sub>2</sub>, and P<sub>3</sub>, furthermore, treatment P<sub>0</sub> produced a pH that was very significantly ( $p < 0.01$ ) higher than treatment P<sub>1</sub>, P<sub>2</sub>, P<sub>3</sub>, and P<sub>4</sub>. Meanwhile, treatments P<sub>1</sub>, P<sub>2</sub>, and P<sub>3</sub> produced pH that was not significantly different ( $p > 0.05$ ).

From the results of this research, it can be seen that the pH value tends to decrease. This is influenced by the basic ingredients used, namely meat and flour. The pH value of this basic ingredient causes changes in the pH value of the meatballs. This occurs due to changes in the hydrogen balance in meatballs as an influence on the pH value of the basic ingredients used in making meatballs. Mixing the ingredients creates a new hydrogen balance point in the meatballs. According to the opinion of Pearson and Dutson (1994) [60], changes in the structure of restructuring meat in its function as meat protein have been proven to influence the pH of the product produced.

## Fat level

Fat is one of the nutritional contents found in food that is important for the body. Fat is an energy source that can provide approximately 2.25 times more energy than the energy provided by carbohydrates (sugar, starch) or protein (Muchtadi, 2009) [43]. Fat provides taste and improves the texture of food, as well as being a source of energy and solvent for vitamins A, D, E and K. Fat is a certain organic compound and does not dissolve in water (Winarno, 2004) [36]. Based on the results of diversity analysis, it showed that the treatments had very significantly different effects ( $p < 0.01$ ) on fat content. The BNJ test showed that treatment P<sub>0</sub> produced a fat content that was very significantly ( $p < 0.01$ ) higher than treatments P<sub>1</sub>, P<sub>2</sub>, P<sub>3</sub>, and P<sub>4</sub>. Furthermore, treatment P<sub>1</sub> produced a fat content that was very significantly ( $p < 0.01$ ) lower than the treatments P<sub>0</sub>, P<sub>2</sub>, P<sub>3</sub>, and P<sub>4</sub>, while treatments P<sub>1</sub>, P<sub>2</sub>, and P<sub>3</sub> produced fat that was not significantly different ( $p > 0.05$ ). The lower fat content in making meatballs with added Moringa leaf flour is compared with that without Moringa leaf flour because Moringa leaf flour contains Vitamin A which functions to stop the chain reaction of free radicals, so it does not attack the lipid membrane (Sumarno *et al.*, 2013) [45]. Kurniawati

*et al.*, (2018) [38] stated that the fat content of Moringa leaf flour was found to be 6.74%, not much different from the results of research (Moyo *et al.*, 2011) [46] namely 6.50%. Therefore, the fat content in meatballs with the addition of Moringa leaf flour does not increase due to the small amount of fat contained in Moringa leaf flour, so these meatballs can be used as an energy source and based on SNI 01-3818-2014 seen from the research fat content perspective, according to National Standards where the fat content of meatballs according to SNI 01-3818-2014 is a maximum of 10%.

## Crude Fiber Content

Crude fiber is the part of food that is resistant to heat and cannot be hydrolyzed by the chemicals used. Muchtadi (2001) [44], states that crude fiber is the part of food that cannot be hydrolyzed by certain chemicals, namely sulfuric acid (H<sub>2</sub>S<sub>4</sub>) and NaOH, while dietary fiber is the part of food that can be hydrolyzed by digestive enzymes.

Based on the test results for the crude fiber content of meatballs with the addition of different concentrations of Moringa leaf flour in each treatment, it can be seen in Table 1. It shows that the average value of crude fiber content for meatballs with different percentages of Moringa leaf flour ranges from 4,543 to 5,514.

Based on research, adding Moringa leaf flour affects the crude fiber content of chicken meatballs. The more Moringa leaf flour added, the higher the fiber content of the product. This was stated by Krisnadi (2015) [10] that the fiber content in Moringa leaves is very high, namely five times more than other vegetables in general. Then (Aminah S *et al.*, 2015) [1] stated that fresh Moringa leaves contain 7.92% fiber, dried Moringa leaves contain 12.63% fiber, and in Moringa leaf flour the fiber content increases to 19.2%.

The addition of Moringa leaf flour can increase the fiber content in chicken meatballs so that they are safe for consumption by consumers who are on a diet. However, adding too much, will make the product taste bitter and the odor more pungent, making some consumers dislike it (Ruth Ariesta, *et al.* 2021) [20].

## Protein Content

Protein is an important nutrient because it can produce a source of energy, as well as being a building and regulating substance for the body. According to Estien (2006) [64], the function of protein, apart from being a builder, is also a material for forming new tissue in the body.

The results of measuring the protein content of meatballs with the addition of Moringa leaf flour as listed in Table 1, shows that the average value of protein content from meatballs with different percentages of Moringa leaf flour ranges from 7,810 to 13,358 with the highest average value of protein content in meatballs with the addition of Moringa leaf flour 6%, namely 13,358 (P<sub>4</sub>) and the lowest in meatballs without addition of Moringa leaf flour, namely 7,810 (P<sub>0</sub>).

The data in the diversity analysis results table shows that treatments had a very significantly different effect ( $p < 0.01$ ) on protein content. The BNJ test showed that treatment P<sub>4</sub> produced a crude protein content that was very significantly ( $p < 0.01$ ) higher than treatments P<sub>0</sub>, P<sub>1</sub>, P<sub>2</sub>, and P<sub>3</sub>, while treatment P<sub>0</sub> produced a protein content that was very significantly ( $p < 0.01$ ) lower than treatments P<sub>1</sub>, P<sub>2</sub>, P<sub>3</sub> and P<sub>4</sub>.

The highest protein content value was in treatment (P<sub>4</sub>) 6% and the lowest protein content value was in treatment P<sub>0</sub> without the addition of Moringa leaf flour. Based on research results, meatballs with the addition of Moringa leaf flour have a higher protein content. This was explained (Krisnadi, 2015) <sup>[10]</sup> that Moringa leaf flour contains high levels of protein (amino acids). The high protein content in meatballs treated with P<sub>4</sub> with the use of Moringa leaf flour (6%) is due to the highest content of nitrogen, essential amino acids, and sulfur amino acids in Moringa leaf flour where Moringa leaf flour will bind the protein content in making chicken meatballs so that does not undergo a denaturation process. In the opinion of Teixeira *et al.* (2014) <sup>[47]</sup>, Moringa leaves have a high crude protein content, namely 6.7 grams per 100 grams of material. This is in line with the opinion of Zakaria *et al.*, (2016) <sup>[61]</sup> who states that the protein content of the ingredients will increase with the addition of more Moringa leaf flour. According to Panjaitan (2013) <sup>[62]</sup>, the protein content of Moringa leaf flour reaches 27%, so adding Moringa leaf flour can increase the protein content of meatballs. Research by Teixeira *et al.*, (2014) <sup>[47]</sup> also stated that Moringa leaves have high crude protein. According to the Indonesian National Standard (SNI 01-3818-2014), the quality requirements for meatballs are a minimum of 8% protein, this means that in the research it still meets the protein content limits.

### Reduce Cooking

The results of measuring the cooking loss of meatballs with the addition of Moringa leaf flour listed in Table 1, show that the average value of the cooking loss value of meatballs with different percentages of Moringa leaf flour ranges from 0.045 to 0.167 with the highest average value for meatballs without addition of Moringa leaf flour, namely 0.167 (P<sub>4</sub>) and the lowest was found in the percentage of 0% Moringa leaf flour (P<sub>0</sub>), namely 0.045. The data in the diversity analysis results table shows that the treatments had a very significantly different effect ( $p < 0.01$ ) on loss from cooking. The BNJ test showed that treatment P<sub>1</sub> produced cooking losses that were very significantly ( $p < 0.01$ ) higher than treatment P<sub>3</sub>, while treatment P<sub>3</sub> produced losses from cooking that were very significantly ( $p < 0.01$ ) lower than treatments P<sub>0</sub>, P<sub>1</sub>, P<sub>2</sub>, and P<sub>4</sub>, while treatments P<sub>0</sub>, P<sub>2</sub>, and P<sub>4</sub> produced losses from cooking that were not significantly different ( $p > 0.05$ ). According to the opinion of Nullah *et al.*, (2016) <sup>[16]</sup> the use of different flour influences the cooking loss of meatballs. The lower the cooking loss value, the better the product quality because there will be less nutritional loss, conversely, the higher the cooking loss value, the lower the product quality (Rosita *et al.*, 2015) <sup>[17]</sup>.

### Organoleptic

The average data from the analysis of the effect of adding moringa leaf flour (*Moringa oleifera*) on the organoleptic quality characteristics of chicken meatballs can be seen in Table 2 below.

**Table 2:** Average results of the analysis of the effect of adding moringa leaf flour (*Moringa oleifera*) on the organoleptic quality characteristics of chicken meatballs.

Variable	Addition of Moringa Flour				
	P <sub>0</sub>	P <sub>1</sub>	P <sub>2</sub>	P <sub>3</sub>	P <sub>4</sub>
Color	5.029	5.371	5.886	4.886	4.771
Smell	4.657	5.200	4.743	4.686	4.629
Texture	4.829	5.514	4.943	4.714	4.543
Flavor	5.286	5.657	5.171	5.171	4.800

### Color

In presenting a product, especially food, the main and very important role is the appearance or color. Appearance or color is one of the things to determine the quality of the food. According to appearance or color is the first attribute that consumers will see because it can provide clues about chemical changes in food.

The results of color organoleptic test analysis in making chicken meatballs with the addition of Moringa leaf flour at different concentrations (1.5%, 3%, 4.5%, and 6%) ranged from 4,886 to 5,886 (like acceptance level). The highest color organoleptic value was found in the treatment (P<sub>1</sub>), namely, the addition of 1.5% Moringa leaf flour, namely 5,886 (like acceptance level), and the lowest value was found in treatment (P<sub>4</sub>) with the addition of 6% Moringa leaf flour, 4,886 (somewhat like acceptance level).

The results of the diversity analysis showed that the treatments had an insignificant ( $p > 0.01$ ) different effect on color. However, the tendency for the highest color value was in treatment P<sub>2</sub>, while the lowest color value was in treatment P<sub>4</sub>. This is because the more Moringa leaf flour added to the meatball product, the lower the level of panelists' acceptance of the resulting color. The color of meatballs is usually brownish-white. The more the concentration of Moringa leaf flour is added, the less color the resulting meatballs will be, because in making the meatballs it has been mixed with other ingredients so that it can affect the color of the chicken meatballs produced (Mulyani, 2009) <sup>[48]</sup>. This is also because Moringa leaves contain chlorophyll or the green pigment found in green vegetables. Chlorophyll is the green substance found in chloroplasts together with carotene and xanthophyll (Winarno, 2004) <sup>[36]</sup> so that the resulting meatballs are practically pale white. Turn green, the higher the addition of Moringa leaf flour, the more intense the green color of the meatballs. In this study, the bright green color of the meatballs was caused by chlorophyll pigment contained in Moringa leaf flour. According to Krisnadi (2015) <sup>[10]</sup>, the chlorophyll pigment content from Moringa leaf flour is 162 mg per 8 grams of material.

### Smell

Kemp *et al.*, (2009) <sup>[49]</sup>, the odor is a response when volatile compounds from the food enter the nasal cavity and are felt by the olfactory system. Meanwhile, Setyaningsih *et al.*, (2010) <sup>[50]</sup>, stated that the odor of food is detected from the five senses and smell in the form of the nose by capturing molecules that evaporate from food. The odor of meatballs is influenced by the odor of meat, the odor of filler flour, spices, and other added ingredients. Cooking can affect the color, smell, taste, and taste of meat products (Sudrajat, 2007 in Montolalu 2013) <sup>[41, 12]</sup>.

The organoleptic tests listed in Table 2 show that the level of panelists' liking for the odor of meatballs at different flour percentages ranged from the lowest average score of 4,629 (somewhat like) at the percentage of adding 6% Moringa leaf flour to the highest average score of 5,200 (liked) at this level. Moringa leaf flour 1.5%. The results of the research showed that the higher the percentage of added Moringa leaf flour, the lower the panelists' preference level. This is thought to be because the panelists preferred the meaty odor of meatballs compared to the odor of Moringa leaf flour.

Data from diversity analysis showed that the treatments had an insignificantly different effect ( $p > 0.05$ ) on odor.

However, the tendency for the lowest odor value was in treatment P<sub>1</sub>, while the lowest odor value was in treatment P<sub>4</sub>. This shows that the higher the addition of Moringa leaf flour (P<sub>4</sub>), the higher the odor of the flour so the level of panelist acceptance is lower. This is because the addition of Moringa leaf flour to meatball products gives a pungent odor. This was stated by Ulfa and Ismawati (2016) <sup>[32]</sup> that Moringa leaves contain lipoxidase enzymes and essential oils, while in P<sub>1</sub> the smell of Moringa leaves is not strong because the lipoxidase enzyme content and essential oils are not too much which causes the smell to not be dominant. This is in line with research. Ilona, (2015) <sup>[51]</sup> stated that the addition of Moringa leaf extract affects the odor because Moringa leaves contain epoxide enzymes, enzymes found in green vegetables. After all, epoxide enzymes hydrolyze or break down fat into compounds that cause unpleasant odors, which belong to the hexanol and hexanal groups.

### Texture

Texture is also one of the factors that influences consumers in choosing a food product. The texture is characteristic of a material resulting from a combination of several physical properties which include size, shape, quantity, and elements forming the material which can be perceived by the senses of touch and taste, including the senses of the mouth and sight (Midayanto and Yuwono, 2014) <sup>[52]</sup>

The texture of meatballs is determined by water content, fat, and some type of carbohydrate. The high water content will produce a soft texture, as well as high-fat content will produce meatballs with holes which can affect the texture of the meatballs. The aspect assessed from the texture of meatballs is characterized by the roughness or smoothness of the product produced (Soeparno, 2005) <sup>[22]</sup>.

Chicken meat has a smooth texture because the meat has smaller muscle fibers, so it has a smaller myofibril structure. According to Lawrie (2003) <sup>[53]</sup>, one of the things that influence the texture of meat is the connective tissue content and the size of the muscle bundles. Apart from that, the protein content of chicken meat is also relatively high, which has a greater ability to emulsify fat, so it affects the texture of the meatballs. According to Triatmojo (1992) <sup>[63]</sup>, a dough with a stable emulsion will produce a better texture. Texture is also influenced by flour as a filler, where when cooked the shriveled meat protein will be filled with starch molecules which can compact the texture. The gluten content of the type of flour can affect the texture of the meatballs. The higher the gluten content of the flour used, the better the texture of the meatballs produced (Maharaja, 2008) <sup>[54]</sup>. This texture is also influenced by the salt used because the nature of the salt base causes a gel so that the viscosity of the carbohydrate increases with cooking and will produce a more compact product.

The organoleptic tests listed in Table 2 show that the average value of the panelists' liking for the meatball texture ranges from 4, 543 (slightly smooth) to 5, 514 (smooth). The highest average score was at a percentage of Moringa leaf flour of 1.5% and the lowest average score was at a flour percentage of 6%.

Data from diversity analysis showed that the treatments had no significant ( $p > 0.05$ ) different effects on texture. However, the panelists' liking level tended to be at the highest texture value in treatment P<sub>1</sub>, while the lowest texture value was in treatment P<sub>4</sub>. This is because when a

higher percentage of Moringa leaf flour is added, namely 6% (P<sub>4</sub>), the texture of the meatballs becomes rough or tough, this is due to the fiber content contained in Moringa leaf flour. Fiber also functions as a texture enhancer because the fiber will absorb water. The higher the fiber content, the resulting product with a firmer and stronger texture, as a result, catfish macaroni with the addition of Moringa leaf flour becomes hard and its breaking strength increases (Winarno, 2004) <sup>[36]</sup>.

### Flavor

Taste is one of the factors that plays an important role in determining consumer decisions whether to reject or accept a food product. Winarno (2004) <sup>[36]</sup>, states that taste is influenced by several factors, namely chemical compounds, temperature, concentration, and interactions with other taste components. The taste of meatballs is formed by various stimuli and sometimes even influenced by odor and color. However, in general, 3 types of meatball taste determine consumer acceptance, namely savoriness, saltiness, and meat taste (Andayani, 1999 in Montolalu 2013) <sup>[55, 12]</sup>.

The taste values in this study are listed in Table 2. It can be seen that the highest average was found in the treatment with the percentage addition of Moringa leaf flour 1.55 (T<sub>1</sub>), namely 5,657, and the lowest was found in the treatment with the percentage addition of Moringa leaf flour (P<sub>4</sub>), namely 4,800. The average value of the organoleptic test results from the four levels of flour ranged from 4,800 to 5,657.

Data from the analysis of diversity showed that the treatments had an insignificantly different effect ( $p > 0.05$ ) on taste. However, there was a tendency for the highest taste value to be found in treatment P<sub>1</sub>, while the lowest odor value was found in treatment P<sub>4</sub>. According to Nurhayati (2009) <sup>[59]</sup>, testing the taste of meatballs depends on the panelists' preferences for the meat used. In this study, panelists generally preferred the taste of meatballs that still tasted of meat. This is in line with the opinion of Andayani, (1999) <sup>[55]</sup> who stated that most respondents liked meatballs with a strong meat taste. The use of flour as a filler can also affect the taste because amylose in flour can form inclusions with flavor compounds such as salt and spices (Goldshall & Solms, 1992) <sup>[56]</sup>. In this score test, it has been determined that the higher the score, the more preferred the meatballs produced. The range is between somewhat like to like. The results of the research showed that the higher the percentage of Moringa leaf flour added, the lower the panelists' liking for meatballs. This is because Moringa leaves contain tannin (Burlando *et al.*, 2010) <sup>[57]</sup>. Tannin is an astringent compound that has a bitter taste from its polyphenol group so it can cause a dry and astringent feeling in the mouth after consumption. Tannins can cause an astringent taste when consumed, because cross-links will form between the tannins and proteins or glycoproteins in the oral cavity, causing a dry and wrinkled feeling or astringent taste (Rosyidah, 2016 in Ruth Ariesta, *et al.* 2021) <sup>[58, 20]</sup>.

### Conclusion

Based on the research results, the addition of Moringa leaf flour had a significant effect on the quality of the meatballs and the best treatment was the addition of 3% Moringa leaf flour (P<sub>2</sub>).

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